

# Zucchini Fries

## **Ingredients**

Egg

Flour

Salt

Pepper

## **Directions**

Preheat oven to 350°F. Toss the zoodles with a beaten egg. Season flour with salt and pepper to taste (to not eat raw flour). Dredge the egg covered zoodles with the flour mixture. Place on a baking sheet and cook for 20 minutes or until crisp.